

Better Vision NOW!
URGENT SPECIAL REPORT FALL, 2006 \$7.95

THROW AWAY YOUR SPECTACLES!

26 of the World's Most Respected
Medical and Vision Journals and Clinics Agree:

**These 18 sensational
sight savers really can
help HALT and even
IMPROVE vision loss!**

STARTLING NEWS:

The 18 safe, all-natural
eye-health breakthroughs
NAMED INSIDE really can
help you...

- ✓ Improve your vision NOW...
- ✓ Read even the finest print without eyestrain...
- ✓ Drive confidently at night *like you USED to...*
- ✓ Halt the heartbreak of age-related vision loss!

**Cleared Up My Cloudy
Eyes WITHOUT SURGERY!**

"In 2005 my doctor detected a cataract and an operation was scheduled for June.

"Since I started to use [NAMED INSIDE] I have been trouble free."
—John P., Walton, KY

LOOK INSIDE NOW!

Years of clinical data-reported in medicine's most prestigious peer-reviewed journals prove it beyond a shadow of a doubt:

THROW AWAY YOUR SPECTACLES!

These 18 essential nutrients can really help **HALT** and even REVERSE vision loss!

NAMED FREE Inside...

From 26 of the World's Most Respected Medical and Vision Journals and Clinics:
**The Supplements AND the Dosages PROVEN to Help
Protect Your Eyesight and IMPROVE YOUR VISION!**

REVEALED in This Issue:

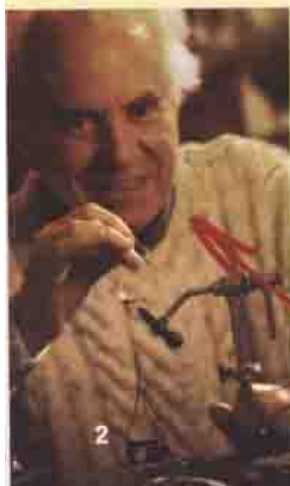
- **Nature's 18 Most Sensational Sight-Savers:** Harvard and 25 of the worlds most respected medical journals and clinics reveal Nature's best medicines for preserving and improving your eyesight! *Page 3*
- **Are Your Eyes Slowly Starving to Death?** Why your eyes may STILL be dangerously under-nourished—even if you take a multi-vitamin every day! *Page 4*
- **One-Cent Secret for Sharper Eyesight:** Essential mineral, found in this ordinary coin helps keep the lenses of your eyes clear—and helps prevent them from clouding over! *Page 6*
- **Save Your Sight!** Amino acid found in sirloin acts like an invisible "force field"—protects your eyes from free radical damage! *Page 13*
- **Own the Night!** Landmark UN study reveals astonishing secret for restoring your night vision! Drive with confidence again! *Page 12*

- **Better Vision... on the Half-Shell?** Common aphrodisiac found in raw oysters dramatically reduces your risk of age-related vision problems! *Page 8*
- **Stop That—You'll Go Blind!** Why so many folks suffer vision loss after age 50—and how to ensure crystal clear eyesight day and night for the rest of your life! *Page 3*
- **Sharpens Your Eyesight While it Excites Your Sex Life!** Three major studies prove this often overlooked mineral protects your retinas, cuts your risk of vision loss like magic! *Page 8*
- **Beat Lens Clouding—With PIZZA?!** The secret ingredient that makes you NINE TIMES LESS LIKELY to suffer debilitating vision loss after age 50! *Page 12*
- **5 Amazing Sight-Saving Nutrients:** They protect your lenses, bathe eye tissue in life-giving blood and oxygen, fight free radical damage and much, MUCH MORE! *Page 13*

BONUS Sight Saver:

- **This Astonishing Herb Could Save One Million Sets of Eyes Every Year — INCLUDING YOURS!** Harvard says it cuts the risk of lens clouding by 22%... *Experimental Eye Research* journal says it can improve your vision by 30% in less than five months... and *Investigative Ophthalmology Visual Science* says it helps lower your risk of retina degeneration a whopping 82%!... Look at *Page 14!*
- **And much, MUCH MORE!**

**FREE GIFT
CERTIFICATE ENCLOSED
\$219 in FREE SUPPLEMENTS
& GOOD HEALTH
GUIDES!**



- **What's Your Vision Eye-Q?** How to know for sure if the supplements you take for your eyes are working—and how to get your money back if they aren't! What most supplement companies DO NOT want you to know! *Page 10*

- **Real-Life Vision Miracles:** How at 72, Ralph suddenly REVERSED his vision loss—with a simple amino acid that almost nobody takes—but everybody should! *Page 8*

Fresh from the Harvard University Medical School Nurses' Study
and 26 of the world's most highly respected medical journals...

18 Sensational SIGHT SAVERS For Folks Over 40

18 safe, all-natural eye-health breakthroughs that can really help you...

- ✓ Improve your vision NOW...
- ✓ Drive confidently at night *like you USED to...*
- ✓ Read even the finest print without eyestrain...
- ✓ Halt the heartbreak of age-related vision problems!

Dear health-conscious friend...

If you...

- Can't help but notice that your eyeglass prescription gets stronger every year ...
- Constantly find yourself juggling a pair of regular glasses and reading spectacles...
- Worry that your fading eyesight could ultimately rob you of your independence and force you to say "good-bye" to your active lifestyle...
- And especially if a doctor has told you that you may need an operation for cloudy lenses—or worse: That your retina is degenerating—the #1 cause of age-related blindness...

...This timely bulletin is going to be a godsend for you!

My name is Dr. Michael Cutler—and many have been there...

- You used to be able to thread a needle with ease—suddenly, your

fading vision makes it nearly impossible—and one by one, you give up on more of the things you love to do...

- The words that appear on your computer or television screen have become blurry and next to impossible to make out...
- You love to read, but discover the small type in most books and magazines gives you headaches—and you just can't bring yourself to ask for the "large type" books old folks read...
- You need information from the newspaper, a menu or the phone book—but find your arms just aren't long enough ...
- You begin avoiding concerts, plays, parties and other nighttime events—driving after dark is just too scary...

If any of this sounds familiar, I strongly recommend that you sit down in a well-lit corner... grab

your reading specs... adjust the lamp... and read this bulletin start to finish.

In the next few minutes, I'm going to show you...

- ✓ The secret reason why your eyes work less well now than they did 10, 20 or 30 years ago (no eye doctor in his right mind would ever tell you this)...
- ✓ Why fading vision is NOT inevitable as you age, and...
- ✓ 18 common nutrients that medical scientists have proven beyond a shadow of a doubt to not only protect your eyesight but actually help restore it!

Stop That — You'll Go Blind!

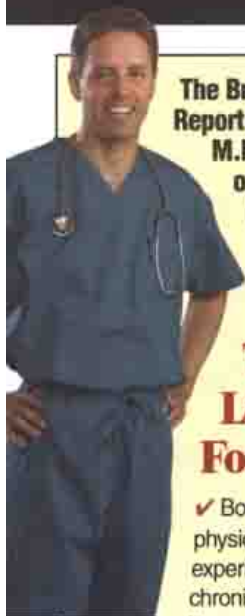
Why do so many folks suffer vision loss after age 50?

Is it because your eyes were genetically programmed to deteriorate with age?

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information Call 1-800-746-4513 today!

Next page, please...



The Breakthrough Medical Report from MICHAEL CUTLER, M.D.—Leading Authority on Better Health and Faster Healing...

Uniquely Qualified To Help You Live Healthier For LIFE!

- ✓ Board certified family physician with over 15 years experience specializing in chronic degenerative diseases, fibromyalgia and chronic fatigue.
- ✓ Graduate of Brigham Young University (BYU), Tulane Medical School and Natividad Medical Center Family Practice Residency, in Salinas, California.
- ✓ Successfully brought professionals of several healthcare disciplines together to bridge the gap between conventional medical training and effective complementary medicine.
- ✓ Through his patients' experiences, as well as his own, Dr. Cutler utilizes many natural medicines to work with conventional treatments and therapies for an integrative solution to health problems.
- ✓ Sought-after speaker and lecturer on the importance of maintaining optimum health and wellness.
- ✓ Founder and editor of the newsletter, *Easy Health Options* — America's most authoritative monthly guide to today's most effective natural healing treatments.

Absolutely not! Nature gave your eyes everything they need to protect themselves... to replace old, tired cells with energetic new ones... and to keep your vision sharp and clear for a lifetime.

Is it because you've abused your eyes—reading in dim light and straining to read fine print?

Ridiculous! Eyes aren't like tires—you can't "wear them out" just by using them!

But there is a reason why so many older folks are afflicted with fading vision:

The simple fact is, most vision loss is just Nature's way of warning you that your eyes are starving for the key nutrients they need to keep your vision sharp and clear!

In short, your body's trying to tell you, "Stop starving your eyes or you'll go blind!"

Look: Your eyes are like every other part of you. To serve you well, they need very specific nutrients—and they need *the right amounts* of each nutrient.

Specifically, they need 18 essential natural building blocks to help protect themselves against

the onslaught of free radicals... to help healthy new cells replace old ones... and to repair, restore and rejuvenate themselves.

The problem is, most Americans get *far too few* of those crucial nutrients in our daily diets!

The great news is, once you begin *feeding* your eyes with these 18 astonishing sight-saving nutrients, remarkable, even spectacular changes begin...

- Your eye doctor announces—to his utter astonishment—that your eyeglass prescription hasn't changed in over a year... *or actually improved...*
- You begin to notice that newspapers, magazines and menus seem easier to read—even in lower light...
- You can watch TV or work on your computer for hours without eyestrain—and without struggling to read the smaller words on the screen...
- Your depth perception is improved—and you even find yourself driving after dark with utter confidence...
- Favorite hobbies your dimming eyesight forced you to give up



Why Your Vision Fades With Age

- Free radicals from sunlight and pollution alter cells and cause lens clouding.
- Degeneration of the macula can be caused by reduced blood flow and oxygen starvation, smoking, even exposure to sunlight.
- Conjunctivitis and other infections can cause serious damage.
- Aging cells require nutritional building blocks to reproduce normally.
- Diabetes, high blood pressure, and other problems can destroy eye function.
- Muscle cells age and weaken without proper nutrients to rebuild.
- The 18 Sensational Sight-Savers revealed in this bulletin have been proven to help protect your eyes from these vision villains... nourish aging eyes... improve eyesight and help reduce your risk of age-related vision problems!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

are suddenly within your reach again...

...And suddenly, you realize that you haven't worried about your eyesight—or becoming one of the more than one million older Americans who are proclaimed legally blind each year—*since you can't remember when!*

Sensational Sight-Saver #1:

Vision Miracle in Breast Milk Helps Keep Lenses Clear FOR LIFE!

Think about the last time you saw a baby, young infant, or toddler wearing glasses.

With rare exception, children below age 6 NEVER need eyeglasses.

That's because their eyes are well fed... and have not yet experienced the years of malnutrition that cause adult eyesight to fade.

What's the "elixir of youth" that makes young eyes so strong and clear? *Mother's milk*, of course.

Numerous studies have shown that breast-fed babies are healthier—and get sick less often—than bottle-fed babies.

The FDA reports that breast-fed



One of the secrets to better vision can be found in mother's milk!

babies have lower rates of hospital admissions, ear infections, diarrhea, rashes, allergies, and other medical problems.

And according to the Massachusetts Department of Public Health, breast-fed babies have stronger immune systems—and are at lower risk for asthma, diabetes, and even Sudden Infant Death Syndrome (SIDS).

No wonder the American Academy of Pediatrics recommends: "Exclusive breastfeeding is ideal nutrition... it is recommended that breast-feeding continue for at least 12 months."

That's because breast milk contains nutrients that enhance the child's immune system and resistance to illness.

One of the key ingredients in breast milk, *taurine*, is an amino acid—and a powerful antioxidant.

As a consumer who reads widely about health issues, you know that antioxidants are a tremendous health booster.

"Antioxidant" is short for "anti-oxygen." On the surface, taking an "antioxidant" seems illogical, since we need oxygen to live.

But as you probably know, within our body, there are oxygen atoms with excess electrons... called "free radicals"... that can do terrible damage to the cells in the human system when left unchecked.

Oxygen, you see, is a highly reactive compound. You can't smoke in a hospital because the flame from your match could ignite the compressed gas coming out of oxygen cylinders respiratory patients use to breathe.

It's oxygen that turns the cells in a fresh cut apple brown within minutes... or, within a few months or weeks, can cause an iron gate to turn red with rust.

In your body, these dangerous "free radicals" can cause similar damage to your cells.

By taking antioxidants, you can stop that cellular damage... long before it can adversely affect your health.

Next page, please...

Alarming Facts About Your Vision

According to research conducted at Stephen F. Austin University, the average person's vision remains close to "perfect"—20/20—only until his or her 20s and 30s.

After that, as we reach our 40s and 50s (see chart on page 10), our vision begins to seriously deteriorate... getting as bad as 70/20 by the time we hit age 70.

Eyesight can degrade severely and rapidly as we age. 1.8 million Americans see so poorly that they are classified as "legally blind."



For more information Call 1-800-746-4513 today!



"With a Goal of Optimum Eye Health, There is No Substitute for a Good Diet."

"Most eye problems are a result of vascular or digestive dysfunction, malabsorption, allergic response, or malnutrition. What many eye care professionals do not realize is that these vision problems can be prevented..."

"There are an increasing number of patients whose eye problems have slowed progression with a change of daily dietary habits. Sometimes these vision problems are arrested or even reversed."

—Health Supplement Retailer

The evidence—mainly from well-respected, peer-reviewed medical journals written by doctors for doctors—clearly supports my recommendation that *every man and woman over age 30 and concerned about fading vision should supplement with taurine daily:*

- A study reported in *Advanced Pediatrics* shows that taurine is vital in maintaining optimum retinal function.
- Another research study, published in *Molecular & Cellular Biochemistry*, indicates that taurine may help prevent—and possibly even reverse—clouding in the lens of the eye.
- A third study, from the journal *Amino Acids*, demonstrates that taurine may play a role in helping to prevent retinal changes brought on by diabetes.

And that's just the tip of the iceberg to the massive amounts of peer-reviewed research that support one simple assertion: Taurine is

essential to healthy eyes!

For instance, there's the study in *Neurochemical Research* warning that a deficiency of taurine can cause degradation of the retina.

And an even more frightening report in *Investigative Ophthalmology* links taurine depletion to "significant retinal lesions."

The bad news is: Most daily multi-vitamins (see chart on page 9) don't contain even a single molecule of taurine.

Eyesight not what it once was? Then you should start supplementing daily with 200 mg of taurine immediately!

**Sight-Saver #2:
One-Penny Cure for Aging Eyes!**

You shouldn't put coins in your mouth, though some people enjoy the taste of a copper penny on their tongue.

There's a reason, though, that some people, particularly children, want to put a penny on their tongue—copper is an essential nutrient, and some of us don't consume enough copper in our daily diet.

Do you love and eat a lot of barley, liver, almonds, sunflower oil, apricots and turnips? Probably not.

But all are dietary sources of copper. And if they're not on your menu, supplementing with copper is a smart idea.

Copper is a trace element that is important for nerve function, bone growth, and to help your body use iron and sugar.

The production of hemoglobin, myelin, collagen, and melanin are all dependent on copper.

As far as your eyes are concerned, research indicates that maintaining optimal copper levels in your body

may help to keep the lenses of your eyes clear... and help prevent clouding that often occurs with age.

One study, published in *BNC Complementary and Alternative Medicine*, found that Kohl-Chikni Dawa (KCD), an eye drop containing 1.208% copper, may have the potential to delay progression of clouding of the eye lens.

My own search of the literature on ocular nutrition research shows that you should supplement with 1 mg of copper daily to maintain optimal eye health and vision.

**Sight-Saver #3:
Nature's "Oakley's" Block Eye-Killing Sunlight!**

Within your eyes are thousands of specialized cells that are sensitive to light.

But in many of us, age causes these cells to become damaged or even destroyed.

As those cells stop working, you at first may lose some of your fine detail vision.

Gradually, your vision begins to blur, making it increasingly difficult to read, sew, do fine repair work, or drive.

This type of vision degradation currently affects more than 15 million Americans, with those age 60 or older being most susceptible.

Naturally, our research focused on using nutrients to slow, stop, and even reverse this "ocular degradation."

And that's why my Ultimate Vision Formula™ contains the powerful carotenoid *zeaxanthin*.

A "carotenoid" is a pigment. Zeaxanthin is the pigment that gives corn its bright yellow color.

The concentration of zeaxanthin in the eye is normally high...

high enough that it is visible on the retinal examination of your eye as a dark yellow spot called the macular pigment.

These dark yellow spots serve a useful function: They absorb blue light, similar to the way sunglasses advertised on TV are said to block blue light.

That's something you want, since by blocking blue light, both the sunglasses—and the zeaxanthin—help to protect your retinas from damaging solar rays.

"Research justifies using blue-blocking lenses because of the observation that deep blue light is 50 to 80 times more efficient at causing receptor damage than green light," according to an article in *Cataract & Refractive Surgery Today*. "There is

no doubt that blue light is a source of oxidative stress via its interaction with retinal chromophores."

Look in the mirror and stare at the whites of your eyes now. Do you see a large number of dark yellow spots?

If not, your eyes may lack the protective layer of pigment you need to block out harmful blue sunlight.

A study reported in *Investigative Ophthalmology* suggests that zeaxanthin can help protect the human eye against short-wavelength visible light.

The researchers found that, the lower the concentration of zeaxanthin in the eye, the greater risk for degeneration of vision.

But that's not all...

Zeaxanthin and other carotenoids—

like lutein—contain powerful antioxidants that can help prevent the eye lens from becoming clouded, another aging-related factor that can diminish vision.

In a study reported in the *American Journal of Clinical Nutrition*, patients consuming zeaxanthin and lutein reduced the risk of their eye lenses becoming cloudy by 22%.

As you may have guessed from the yellow pigmentation, carotenoids are found in many yellow and orange foods: Egg yolks, oranges, corn, pumpkin, carrots and squash.

But you won't likely get all the zeaxanthin you need from your morning eggs. And how often do you eat pumpkin or squash?

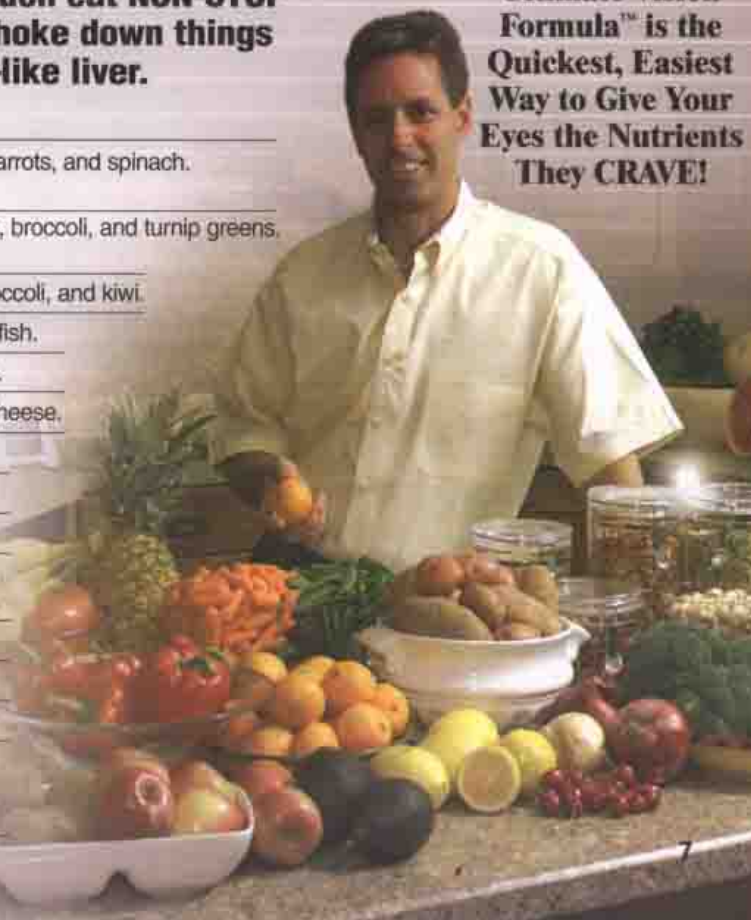
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Want to Get All These Sight-Savers From Your Diet? I Sure Hope You're HUNGRY!!

Why? Because you'll have to pretty much eat NON-STOP to get enough. Plus, you'll have to choke down things you may not be crazy about—like liver.

Nutrient	Food Source
Vitamin A (Beta Carotene)	Beef and chicken livers, cheddar cheese, carrots, and spinach.
Vitamin C (Ascorbic Acid)	Oranges, grapefruit, strawberries, tomatoes, broccoli, and turnip greens.
Vitamin E	Wheat germ, sunflower seeds, spinach, broccoli, and kiwi.
Vitamin B6	Fortified cereals, beans, meat, poultry, and fish.
Zinc	Oysters, red meat, poultry, beans, and nuts.
Selenium	Brazil nuts, tuna, cod, turkey, and cottage cheese.
Copper	Oysters, nuts, and dried legumes.
Taurine	Fish and eggs.
NAC	None.
Lutein and Zeaxanthin	Corn, egg yolks, broccoli, Brussels sprouts, cabbage, kale, collard greens, and spinach.
Lycopene	Tomatoes, watermelons, and apricots.
Tocopherols	Palm and coconut oil.
EDTA	None.
Ginkgo, Bilberry, Eyebright and Elderberry	Herbs—require consumption and/or supplementation.

Ultimate Vision Formula™ is the Quickest, Easiest Way to Give Your Eyes the Nutrients They CRAVE!



For more information Call 1-800-746-4513 today!

Solution: Supplement your diet with carotenoids! 5 mg a day.

Sight-Saver #4:

A Real-Life Vision MIRACLE!

At age 72, Ralph was almost completely blind—and blockage in his arteries caused painful cramping, making walking impossible.

To clear the blocked leg arteries, Ralph's doctor prescribed a treatment of *ethylene diamine tetraacetic acid*, known as EDTA.

The EDTA worked, clearing the blockage in his legs. The cramps were gone.

But there was an unexpected result Ralph's doctor didn't expect: Ralph's vision returned nearly

100%. EDTA had helped an almost blind man see again!

But Ralph is not an isolated case...

Another patient, a 59-year-old, partially disabled woman, had a long history of poor vision, including a diagnosis of a condition called "Map Dot Fingerprint Dystrophy."

After treatment with EDTA, her vision recovery was nothing short of miraculous.

Her right eye gained vision of 20/25. In the left eye, she gained perfect 20/20 sight.

And a study reported in the *Journal of Advances in Medicine* found "visual field evidence" of a reversal in ocular degeneration when treated with EDTA and

other vitamins and minerals.

My recommendation: Make sure you're getting at least 20 mg of EDTA every day!

Sight-Saver #5:

Sharpens Your Eyesight While it Excites Your Sex Life!

Folk medicine has long recognized the power of zinc to increase male libido... it's the reason why oysters are believed to be an aphrodisiac.

The connection between zinc and vision is less well known. But my exhaustive search of the medical literature reveals zinc to be one of the most important minerals for optimal eye health.

"HELP, Dr. Cutler—Taking 18 Different Supplements to Protect and Improve My Eyesight is Expensive!"

Sure is! To purchase all 18 of these proven sight-savers at a health food store, you could easily spend \$150 or more every month. *That's \$1,800 every year!*

Ultimate Vision Formula™ gives you the optimal amount of each nutrient for 88% LESS...

...And then layers on the value—with an *additional* four-month supply FREE!

Ultimate Vision Formula™ gives you all 18 sight savers in one single, convenient, easy-to-swallow supplement for less than one dollar a DAY!

During this Special Introductory Offer, call TOLL-FREE 1-800-746-4513 or complete and return the FREE GIFT CERTIFICATE on page 19 of this bulletin, and a full year's supply is only \$339—you SAVE \$140.40 off the regular price.

PLUS by ordering now, True Health™ is offering to throw in four additional bottles—a \$159.80 value, FREE!



I Can Read Fine Print—No Glasses Needed!

"Your Ultimate Vision Formula™ is helping me to read the fine print without glasses. Thank you."

—Frieda M., Milwaukee, WI



No More Floaters!

"Your product is effective in almost entirely eliminating the small brownish spots that were appearing in my visual field."

—James F., Prospect Park, PA

I'm Beating the #1 Cause of Vision Loss!

"I think your product Ultimate Vision Formula™ is great. It halted the progress of my age-related retina degeneration."

—Roger Q., Sarasota, FL



Think a Daily Multi-Vitamin Is Enough to Protect Your Eyesight? Please—THINK AGAIN!

Only Ultimate Vision Formula™ gives you ALL of these 18 sight savers in precisely the amounts proven to protect and help restore vision!



You know that you SHOULD take a multi-vitamin to meet the FDA's recommended daily requirements of iron, folic acid, and other essential nutrients your body needs.

Unfortunately, most multi-vitamins are not formulated with much thought toward healthy vision... and therefore lack many of the vital nutrients we need to maintain sharp, clear, powerful vision as we age.

Take a look for yourself: Only Ultimate Vision Formula™ has the optimum daily dosage of all 18 vitamins, minerals, and amino acids your eyes require to maintain optimal vision.

By comparison, one popular multi-vitamin I reviewed has *insufficient* dosages of a handful of key eye nutrients... and contains **NONE** of most of the others!

Nutrient	Ultimate Vision Formula™	Multi-Vitamin	Nutrient	Ultimate Vision Formula™	Multi-Vitamin
Vitamin A	4,700 IU	2,500 IU— INSUFFICIENT	Lycopene		6 mg NONE
Vitamin C	100 mg	60 mg— INSUFFICIENT	Zeaxanthin		5 mg NONE
Vitamin E	200 IU	30 IU— INSUFFICIENT	Tocotrienols		7 mg NONE
Vitamin B6	6.6 mg	2 mg— INSUFFICIENT	EDTA		20 mg NONE
Zinc	10 mg	15 mg	Proprietary blend:		110 mg NONE
Selenium	70 mg	NONE	Ginkgo Biloba (24% ginkgosides)		NONE
Copper	1 mg	NONE	Bilberry extract (25%)		NONE
Taurine	200 mg	NONE	Eyebright extract (4:1)		NONE
N-Acetyl-L-Cysteine	200 mg	NONE	Elderberry extract (30% anthocyanins)		NONE
Lutein	15 mg	NONE			

According to the *American Journal of Clinical Nutrition*, there is a definitive link between zinc and night vision.

They report the results of testing zinc supplementation on women who developed night blindness during pregnancy.

The study found that women who took zinc along with vitamin A were *4 times more likely to have their night vision restored* than women who took a placebo!

Numerous other studies support the use of zinc as a supplement to ensure healthy vision:

- A study published in the *Journal of Biological Chemistry* demonstrates that zinc is critical for “retinal binding”... and that without zinc, retinal function may be impaired.
- Another study, reported in *The Lancet*, found that taking zinc supplements reduced the risk of eye degeneration by 21%. It also reduces the risk of loss of vision by 11%.
- And a prospective, randomized trial published in *Archives of Ophthalmology* found that older patients who took zinc supplements had significantly less vision loss than a control

group taking a placebo.

Even if you're getting plenty of red meat, poultry, beans, nuts, and whole grains in your diet, supplementation with about 10 mg of zinc a day is essential for maximum protection.

Sight-Saver #6: **OWN the NIGHT!**

Did you know that during World War II, British fighter pilots were given bilberry as part of their regular rations?

The reason is that the Royal Air Force... and the pilots... believed

Continued on page 12.

For more information Call 1-800-746-4513 today!

Based on a visual angle
of one minute.

200 FT.
61 M

1

100 FT.
30.5 M

2

70 FT.
21.3 M

3

50 FT.
15.2 M

4

E

20
200

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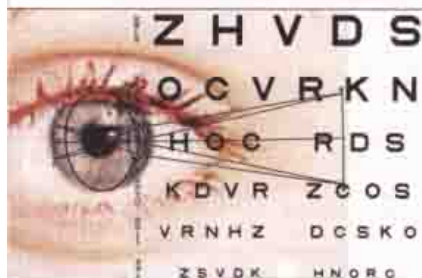
20
100

N

20
70

D

20
50



What's Your Vision Eye-Q?

Q: "How will I KNOW if my vision supplements are working for ME?"

A: Just take this simple test!

Here's what most supplement companies DO NOT want you to know: How to find out if the supplements you take for your eyes are working—and how to get your money back if they aren't!

$\frac{20}{40}$	P E C F D	$\frac{40 \text{ FT.}}{12.2 \text{ M}}$	5
$\frac{20}{30}$	E D F C Z P	$\frac{30 \text{ FT.}}{9.14 \text{ M}}$	6
$\frac{20}{25}$	F E L O P Z D	$\frac{25 \text{ FT.}}{7.62 \text{ M}}$	7
$\frac{20}{20}$	D E F P O T E C	$\frac{20 \text{ FT.}}{6.10 \text{ M}}$	8
$\frac{20}{15}$	L E F O D P C T	$\frac{15 \text{ FT.}}{4.57 \text{ M}}$	9
$\frac{20}{13}$	F D P L T C E O	$\frac{13 \text{ FT.}}{3.96 \text{ M}}$	10
$\frac{20}{10}$	P E Z O L C F T D	$\frac{10 \text{ FT.}}{3.05 \text{ M}}$	11

Unlike so many other nutritional supplements, Ultimate Vision Formula™ SHOWS you it's working. The proof is right before your eyes!

Just tape this eye chart to the wall—it's a "Snellen Chart," the same kind your eye doctor uses to test your vision in the office.

Stand 20 feet away and mark the last line you can read

completely without errors.

Then every 3 or 4 weeks, test yourself again, marking your progress as you go.

Use Ultimate Vision Formula™ to protect and improve your vision as long as you like—and if you're EVER disappointed with the results, simply return the unused portion for a full refund!

Continued from page 9.

that eating bilberry gave them superior night vision—an advantage in flying night missions.

And, it worked then... and works today, too... to enhance night vision.

Numerous studies have confirmed that bilberry extract can improve night vision—enabling your eyes to adjust more quickly to darkness as well as recover faster after exposure to glare.

Bilberry contains *anthocyanosides*, powerful antioxidant compounds that have an affinity for eye tissue, where they destroy free radicals and support capillary strength.

In addition to being a rich source in vitamin A, C, and bioflavonoids, bilberry has been shown to increase the regeneration of *rhodopsins*.

Rhodopsins are photo-sensitive proteins contained in the rods of the retina. When light hits the rhodopsins, the retinal sensory endings are stimulated, enabling us to see more clearly.

Fortunately, bilberry extract supplementation is even easier than it was for the British fighter pilots.

Sight-Saver #7:

Beat Lens Clouding— With PIZZA?

Although you can get this next sight-saving nutrient by eating grapefruit, the richest source is tomatoes and tomato-based products: Tomato paste, tomato sauce, tomato juice, tomato soup, even ketchup.

This ocular nutrient, *lycopene*, is a potent antioxidant—and there have been many studies that demonstrate lycopene's contribution to ocular health:

- In a study of 372 men and women reported in *Ophthalmology*, patients with the highest concentrations of lycopene had a significantly lower risk of having their eye lenses



United Nations' vitamin A discovery can help you drive more safely at night.

become clouded than patients with normal levels.

- The journal *Nutrition* reported an animal study in which eye lenses with high concentrations of lycopene were 9 times less likely to become clouded than eye lenses without lycopene.
- A human study, published in the *British Journal of Nutrition*, found that people with high lycopene levels had a 60% lower risk of their eye lenses becoming clouded than people with normal lycopene levels.

My recommended dosage is 6 mg of lycopene daily for optimum protection.

Sight-Saver #8:

United Nations Stumbles Upon Discovery That Can Cut Your Risk of Night Blindness!

Did you know when you gave to UNICEF, you may have been helping to save your own eyesight?

Part of the work of the United

Nations is to study malnutrition in third-world countries and other poor nations.

And a recent U.N. study found that, in areas where the community food supply lacked *vitamin A*, there is often an increased incidence of night blindness (poor night vision) among the population.

One study in the *Journal of Nutrition* found that vitamin A supplementation reduces the incidence of night blindness during pregnancy from 10.7% in the control group to 6.7% in women taking vitamin A.

Another study, published in the *American Journal of Clinical Nutrition*, found that giving children oral vitamin A cut their risk of night blindness in half.

But a search of the medical literature shows that poor night vision is not the only eye-related health problem caused by vitamin A deficiency:

- An article in the journal *Eye Research* reports that the lens and retina of the eye are prone to oxidative damage from free radicals... and that vitamin A can help protect the eye against such damage.
- As reported in *Clinical and Experimental Ophthalmology*, a 67-year-old man with severe vision loss was treated with vitamin A supplementation. After taking vitamin A, his vision improved dramatically.
- A study published in the *Archives of Ophthalmology* showed that vitamin A supplementation was beneficial in treating patients with inflammation of the retina. Of the hundreds of patients studied, those receiving vitamin A had a slower rate of decline in retinal function than those not receiving the vitamin.

I already mentioned that the conversion of beta-carotene to vitamin A is what gives carrots

their reputation as an "eye food."

Do you eat carrots every day? Probably not... but the good news is you don't have to drop this report and run to the produce section of your grocery store. Supplementation with up to 4,700 IU of beta carotene a day can give you all the protection you need!

Sight-Savers #9-11:

Add Three EXTRA Layers Of Iron-Clad Eye Protection!

Leading medical journals have also identified three vitamins that are absolutely essential for optimum eye health...

- **Vitamin B6 (6.6 mg)**—according to research published in the *Tohoku Journal of Experimental Medicine*, vitamin B6 may help prevent loss of vision in patients with enzyme deficiencies.
- **Vitamin C (100 mg)**—a study published in the *American Journal of Clinical Nutrition* indicates that taking vitamin C can reduce the risk of clouding of the eye lens by as much as 75%.
- **Vitamin E (200 IU)**—as we age, cells in the retina can degenerate, adversely affecting our vision. A study reported in *Proceedings of*

the Association of American Physicians and Surgeons shows that vitamin E can reduce the risk of this degeneration by up to 82%.

Sight-Saver #12:

Astonishing News... This Common Amino Acid Stops Free Radicals IN THEIR TRACKS!

Earlier in this report, we talked about free radicals, oxidation, and how reactive oxygen molecules with excess electrons can damage the cells in your eyes.

Sight Saver #12 is an amino acid, called *N-acetyl cysteine*—or NAC for short—that can slow oxidation, caused by free radicals, of key proteins in the lenses of your eyes.

The foods you eat don't contain even one molecule of NAC. But beef, chicken, peanut butter, and other high-protein foods do contain another amino acid, *cysteine*, which your body can synthesize into NAC.

However, unless you eat huge quantities of protein, synthesis of the cysteine in your meals may not produce enough NAC to protect your eyes against oxidative degeneration.

My daily recommendation is to supplement with 200 mg of NAC to

help shield the proteins in your eyes from free radical attack.

Sight-Savers #13-17:

Five Nutrients for Eagle-Eye Vision

Complement the 12 powerful vision breakthroughs described above with five more powerful vision-preserving, sight-enhancing nutrients:

- **Eyebright...** an herb that helps relieve eyestrain discomfort and is good for allergies, itchy, and watery eyes. It contains inositol, which helps transport nourishing amino acids to the lens of the eye.
- **Elderberry extract...** like bilberry, elderberry contains anthocyanidins, which possess powerful antioxidant properties.
- **Ginkgo biloba...** a potent antioxidant herb known for its unique ability to enhance circulation, ginkgo biloba penetrates the most restricted blood vessels to increase the supply of oxygen—which is why it's especially useful in increasing blood flow to the eyes.
- **Selenium...** a powerful antioxidant mineral that helps protect the eye against free radical damage. It also works with vitamin E to

Next page, please...



Cleared Up My Cloudy Lenses WITHOUT SURGERY!

"In 2005 my doctor detected a cataract and an operation was scheduled in June. After having tried Ultimate Vision Formula™ for a while, I noticed some progress and decided to order 3 more months supply in order to improve the results. Since I started to use Ultimate Vision Formula™ I have been trouble free. Really a great product!"

—John P. Walton, KY



Who Needs Glasses?!

"I am about half way through taking my second bottle of Ultimate Vision Formula™ capsules and I discovered this morning I can read pretty good without wearing my glasses.

"This Ultimate Vision Formula™ is really good. I am so very much looking forward to not having to wear these glasses any more."

—Edna V. Loomis, CA



I Can SEE Again!

"I've been taking Ultimate Vision Formula™ for a few months and already

it made a big difference.

"My vision has improved tremendously... Thank God! I will order more to make sure I don't run out!"

—Margaret N., Brooklyn, NY

help prevent fat and cholesterol accumulation in the blood, thereby enhancing blood flow to the capillaries of the eyes.

- **Tocotrienol...** is a vitamin E-like substance that helps to keep your blood flowing freely and is believed to protect the cells from oxidative damage to the blood vessels.

BONUS Sight Saver:

Secret Inside Egg Yolks Could Save One Million Sets of Eyes Every Year— INCLUDING YOURS!

Leutin is crucial for your healthy retina. It helps protect the macula from free radical damage and promotes healthy lens density. Leutin is a carotenoid found in highest concentrations in the body of the retina. It is so critical for our vision that its levels are routinely replenished.

In one important study, reported in *Investigative Ophthalmology & Visual Science*, retinas with high concentrations of leutin and zeaxanthin were found to have an 82% lower risk of degeneration of the retina than patients with low levels of these carotenoids.

Another study, published in *Experimental Eye Research*, showed that leutin supplementation caused

the retina to become denser and gain pigment. On average, patients taking leutin for 140 days showed 30% improvement in retinal function.

And in a massive study of 77,466 nurses conducted from 1980 through 1992, those with the highest intake of leutin and zeaxanthin had 22% lower risk of clouding of the eye lens compared to those who had the lowest intake of these nutrients.

Give Your Eyes All the Protection They Deserve in An Easy-to-Swallow Capsule For LESS than \$1 a Day!

I know what you're thinking: "No matter how impressive the research is, taking these 18 sight savers every day would be a BIG hassle—not to mention, EXPENSIVE!"

And you're right of course: To get all 18 nutrients at a health food store, you'll have to pay up to a whopping \$150 a month!

No worries: I've made sure saving your sight has never been easier or more cost-effective—with Ultimate Vision Formula™!

Ultimate Vision Formula™ is truly unique: The ONLY daily supplement that gives you all 18 of today's most sensational natural sight savers—and precisely the amounts of each proven

to be most effective!

What's more, you get them all for just about \$1 a day—ONE FIFTH the cost of buying each nutrient individually!

Save \$140... Receive \$159 In FREE SUPPLEMENTS... And Claim 3 Health-Saving Volumes—FREE!

To purchase all 18 of these sensational sight savers in a health food store, you'd have to pay \$150 for a one-month supply—\$1,800 for a year's worth.

Normally, Ultimate Vision Formula™ is 73% less: Just \$479.40 for a full year's supply. You SAVE \$1,401 every year!

And during this Special Introductory Offer, you'll save even more: Call TOLL-FREE 1-800-746-4513 or complete and return the FREE GIFT CERTIFICATE on page 19 of this bulletin, and a full year's supply is only \$339—you SAVE \$140.40 off the regular price.

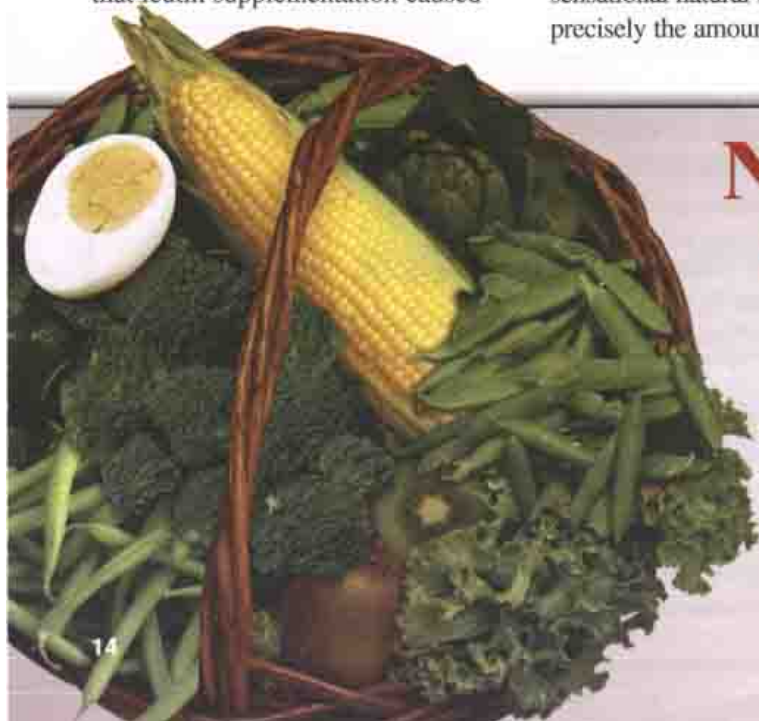
PLUS by ordering now,



Nature's Most Potent Sight-Saving Foods

Load up on these leutin-packed, zeaxanthin-rich foods tonight—your eyes will thank you for it!

These statements are anecdotal and may not represent typical results. Individual results will vary. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





No More Night Vision Problems!

"I am 78 years old. For the last 8 years I was not able to drive at night. Since I started to use Ultimate Vision Formula™ from True Health, 4 months ago, I noticed that my eyesight was improving all around.

"Now I am beginning to visit my relatives, I can drive at night without any effort. Thanks to my God and to Ultimate Vision Formula™."

—Jose B., Aguadilla, Puerto Rico



Floaters and Eye Strain GONE!

"When I noticed that my sight was weakening, I was scared and alarmed.

"I immediately ordered my supply and began taking it.

I am now on my third bottle and noticed improvements in my vision.

"The floaters are gone and my eyes don't get tired easily. At age 83, I can still enjoy reading and other activities.

"Thank you for your wonderful product. I'll continue taking it for lasting benefits. I strongly recommend Ultimate Vision Formula™ to all who want healthy eyes, God's precious gift for mankind."

—Pastora C., Ewa Beach, HI

True Health™ is offering to throw in four additional bottles—a \$159.80 value, FREE!



AND, you'll also receive three valuable reports:

✓ **10 Nutrition & Lifestyle Secrets for Eagle Eye Vision—a \$19.95 value, FREE:**

Good eye health is directly related to good nutrition and lifestyle choices. In this FREE report, you'll discover exactly which foods to avoid and which to eat in plentiful supply to help nourish and support your vision; why exercise and water are so critical to healthy vision; and which prescription and over-the-counter drugs cause eye problems.

Additionally, learn which hair dyes should be avoided and why laser surgery should be avoided; how you can work at a computer and reduce eyestrain and headaches; which eye drops are the safest and most effective to use, and lots more you won't find anywhere else.

✓ **Freedom from High Blood Pressure—a \$19.95 value, FREE:**

What should your blood pressure be? What's the difference between essential hypertension and secondary blood pressure? What do you need to know about the K-factor and does it apply to you?

What role do Omega-3 Fatty Acids play and how much do you need? What are your best and easy-to-obtain sources of fiber?



Learn why alfalfa is one of the best regulators of blood pressure. Does garlic really lower blood pressure? Discover dozens of dietary and lifestyle secrets that'll make it easy for you to achieve and maintain the ideal blood pressure for your weight.

✓ **101 Astonishing Health Secrets—a \$19.95 value, FREE:** Here it is—a treasure trove of health tips, super nutrients, food, dietary and lifestyle suggestions, all gathered in one place. Discover...



■ How to watch the salt intake, but still enjoy your favorite foods.

■ What's the best protocol for prenatal supplements?

- Why vitamin E and selenium can help reduce knee pain.
- How to fix your allergies.
- How to make easy ideal weight calculations.
- Common sense weight loss ideas.
- Why green tea is the caffeinated tea you can drink all day.
- What's the best source of calcium?
- How protein supplements can help reduce chronic pain.
- Why women wrinkle and men go bald.
- 15 foods that can cause flare-ups of irritable bowel conditions.
- Why zinc-rich foods should be eaten daily.
- What is the relationship between diet and cancer.
- How much vitamin C do you really need?
- How to exercise your wrinkles away.
- 12 powerful herbs to know and use.

Next page, please...



No More Red, Dry, Scratchy Eyes!

"I continue to use Ultimate Vision Formula™ because it seems to give me the most relief from having red, dry and scratchy feeling eyes. I certainly can feel it if I miss a day or two.

"Thanks for providing me with something that helps."

—Ruth V., Rock Valley, IA

Doctor RECOMMENDED!



"This is one of the best combinations I have found for [blood sugar-related vision problems].

"It's difficult to find 15 mg of Lutein in most preparations."

—James C., M.D., Mt Vernon, KY



Magnificent Macular Protection!

"The macular degeneration in my right eye has stabilized and I have no signs of it in my left eye.

"Thank you for developing Ultimate Vision Formula™, a product with not only the correct ingredients, but generous amounts of the same.

"This is by far the best eye supplement on the market."

—John K., Washington Crossing, PA

All together, that's a staggering \$360.05 in discounts and FREE gifts—just for trying Ultimate Vision Formula™ now!

You'll SEE the Difference... Or Ultimate Vision Formula™ Costs You NOTHING!

I'm so sure Ultimate Vision Formula™ will work for you—just as

it already has for many satisfied users—I can cheerfully offer you the most amazing guarantee in the entire supplement industry...

When your supply of Ultimate Vision Formula™ arrives, immediately begin taking one capsule with each meal.

Then, about once every few weeks, use the enclosed eye chart to check your progress.

You must notice an improvement in your vision or simply return the unused portion ANYTIME for a full refund.

Put simply, you can take Ultimate Vision Formula™ as long as you like (most users report dramatic results after three to four months). If you EVER decide it's not for you, return the unused portion for a full, no-hassles refund.

You risk nothing: Ultimate Vision Formula™ WILL improve your vision... or it's FREE!

I can't think of a fairer... or easier way for you to try my ocular nutrition formula—and protect and preserve your vision without stronger and stronger prescriptions or risky eye surgery.

Five MORE Solemn Promises I Make You:

I've made sure that every ingredient in Ultimate Vision Formula™ is...

■ Absolutely Pure and 100% Free of Impurities in Three Important Ways:

First: My manufacturing facility is fully licensed and certified by the U.S. Food and Drug Administration (FDA) and the California State Department of Health Services to assure compliance with industry guidelines, government regulations and quality assurance practices.

Second: Our Quality Assurance program includes fully controlled testing of raw materials both before and after manufacturing and packaging.

And Third: Licensed professional technicians, chemists and microbiologists at our Quality Control Laboratory painstakingly screen each product to ensure that it's pure and 100% free from yeast, mold, metals, dangerous bacteria and other impurities.

■ Easily Absorbable for Maximum Effectiveness:

Believe it or not, many nutritional supplements sold today are difficult or even impossible for the human body to dissolve, absorb or use.

To ensure that Ultimate Vision Formula™ delivers the desired health effects, our scientists use the form of each nutrient that is proven in laboratory tests to be the most easily dissolved, absorbed and USED by your body.

■ Gives You the Potency You Need for RESULTS:

Many supplements give you too little or too much of a substance and waste your money.

I've gone the extra mile to make sure that Ultimate Vision Formula™ gives you just the right potency for maximum health benefits!

■ Easy and Pleasant to Use:

We believe that taking your supplements should never be difficult or uncomfortable.

That's why we make sure that each of our capsules are manufactured in the smallest, easiest-to-swallow sizes possible.

■ Delivered to Your Door FAST:

When you're looking to improve your health, the *last* thing you want is to have to wait weeks for your supplements to be delivered. We understand—that's why when

we receive your order, it will be shipped to you on the very next business day!

**Isn't it Time You Put
ALL of Nature's Most
Sensational Sight-Savers
To Work for YOU?**

In the short time we spent together today, I've given you a TON of research proving that these 18 sensational sight savers truly are sensational.

I showed you many of the world's most highly respected medical journals have documented that each one of these amazing nutrients really can help you...

- ✓ Improve your vision NOW...
- ✓ Read even the finest print without eyestrain ...
- ✓ Drive confidently at night *like you USED to*—and...
- ✓ Halt the heartbreak of age-related vision problems.

I even gave you the names and the amounts of each ingredient that are needed to produce real, dramatic results for you.

Now, the next step is up to you ...

Look. This is an important decision.

At this moment, you stand at a critical crossroads in your life:

You can just resign yourself to accepting the limitations that fading sight imposes on you—like millions do every year...

And you can risk losing your independence as age-related ocular degeneration and lens clouding render you legally blind—like more than one million Americans do annually.

I do NOT want that for you!

The studies I've shown you in this

report prove that the 18 sight-savers in Ultimate Vision Formula™ can help make sure that you're not one of them.

More than that: They show that you can actually improve your eyesight at any age!

I've offered you the opportunity to experience the remarkable sight-saving, sight-restoring benefits of Ultimate Vision Formula™ with absolutely no risk whatsoever...

I've offered you the chance to save up to \$140.40 on your first order of this amazing new product...

And I've even offered to include free gifts worth up to \$219.65 just for giving Ultimate Vision Formula™ a fair trial.

This should be an easy decision for you: The easiest.

I urge you—it would be such a tragedy for you to suffer impaired vision needlessly:

Pick up your telephone right now and call TOLL-FREE 1-800-746-4513. Or if you prefer, simply complete and mail the FREE GIFT CERTIFICATE on page 19 of this bulletin.

I'll ship your introductory supply of Ultimate Vision Formula™ to you the very next business day. In a week or less, you'll be well on your way to a brighter, clearer future.

Yours for better vision,



Michael Cutler, M.D. for
True Health™

P.S. Of course, if the idea of improving vision naturally through vitamin and mineral supplementation doesn't appeal to you... and you are willing to accept the continuing decline of your eyesight as a fact of

life... then there's absolutely no need to take me up on this special offer or try Ultimate Vision Formula™ on a risk-free trial basis.

Instead, you're more than welcome to pay up to \$2,000 per eye for laser eye surgery... take the risk of going under the surgeon's laser... and possibly emerge with your eyesight **WORSE** than it was when you started.

Please—give Ultimate Vision Formula™ a fair try! I guarantee you'll be able to see more clearly... for greater distances... day or night. Or your money back.

Just call TOLL-FREE 1-800-746-4513 now, or use the FREE GIFT CERTIFICATE on page 19 to save up to 29% now!

P.P.S. Every day you wait to do something about nutrition for your eyes means another day your eyes are staying the same... or getting worse... instead of getting better.

That's why I urge you to try Ultimate Vision Formula™ right away. And to get you to take action now... and follow my recommendations for vision nutrition... I have three FREE GIFTS I want to send you.

Order within the next 10 days and get up to three valuable bonus reports absolutely FREE:

1. *10 Nutrition & Lifestyle Secrets for Eagle Eye Vision.*
2. *Freedom from High Blood Pressure.*
3. *101 Astonishing Health Secrets.*

See page 18 for details on your valuable FREE Bonus Gifts... then mail the form on page 19 to collect all three!

BEST VALUE—Highly Recommended!

Claim Your \$367 in Discounts and FREE GIFTS—NOW!



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12 MONTH SUPPLY You SAVE \$140.40!

Order a 12-month supply of **ULTIMATE VISION FORMULA™** for just \$339 and you'll **SAVE \$140.40 OFF** the list price of \$479.40!

PLUS, You Get 4 MORE BOTTLES—a \$159.80 value, FREE!



A \$159.80 Value, FREE!

...AND You Get These 3 Extra Bonuses—a \$59.85 value, FREE!

YOUR FIRST FREE BONUS VOLUME:

10 Nutrition & Lifestyle Secrets for Eagle Eye Vision

by Michael Cutler, M.D.

Good eye health is directly related to good nutrition and lifestyle choices. In this **FREE REPORT**, you'll discover exactly which foods to avoid and which to eat in plentiful supply to help nourish and support your vision; why exercise and water are so critical to healthy vision; and which prescription and over-the-counter drugs cause eye problems.

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A \$19.95 Value, FREE!

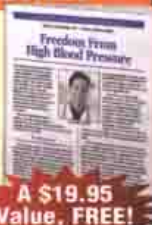
YOUR SECOND FREE BONUS VOLUME:

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by Michael Cutler, M.D.

What should your blood pressure be? What's the difference between essential hypertension and secondary blood pressure? What do you need to know about the K-factor and does it apply to you? What role do Omega-3 Fatty Acids play and how much do you need? What are your best and easy-to-obtain sources of fiber?

Learn why alfalfa is one of the best regulators of blood pressure. Does garlic really lower blood pressure? Discover dozens of dietary and lifestyle secrets that'll make it easy for you to achieve and maintain the ideal blood pressure for your weight. **BEST OF ALL, IT'S YOURS FREE WHEN YOU ORDER 6 OR MORE BOTTLES, plus Bonus #1.**



A \$19.95 Value, FREE!

YOUR THIRD FREE BONUS VOLUME:

101 Astonishing Health Secrets

by Michael Cutler, M.D.

Here it is—a treasure trove of health tips, super nutrients, food, dietary and lifestyle suggestions, all gathered in one place. *Discover...*

- How to watch the salt intake, but still enjoy your favorite foods.
- What's the best protocol for prenatal supplements?
- Why vitamin E & selenium can help reduce knee pain
- How to fix your allergies.
- How to make easy ideal weight calculations.
- Common sense weight loss ideas.
- Why green tea is the caffeinated tea you can drink all day.
- What's the best source of calcium?
- How protein supplements can help reduce chronic pain
- Why women wrinkle and men go bald.
- 5 foods that can cause flare-ups of irritable bowel conditions.
- Why zinc-rich foods should be eaten daily.
- What is the relationship between diet and cancer.
- How much vitamin C do you really need?
- How to exercise your wrinkles away.
- 12 powerful herbs to know and use.



A \$19.95 Value, FREE!



SAVE TIME!

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—PLUS an EXTRA BONUS
for fast response!**

**or fax your order to:
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can return the unused
portion **AT ANY TIME**
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to keep
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☐ **Absolutely, Dr. Cutler!** I want to protect and improve my vision beginning right away—with Ultimate Vision Formula™!

Please ship my order as indicated below:

☐ **BEST VALUE—HIGHLY RECOMMENDED:** I get a 12-month supply of ULTIMATE VISION FORMULA™ for just \$339—I SAVE \$140.40 OFF the list price (\$479.40)—AND GET 4 MORE BOTTLES—a 159.80 value, FREE... plus 3 FREE volumes: *10 Nutrition & Lifestyle Secrets for Eagle Eye Vision*, *Freedom From High Blood Pressure*, and *101 Astonishing Health Secrets*—a \$59.85 value, FREE... plus FREE SHIPPING. That's a whopping \$367 in discounts and FREE GIFTS!

☐ **GREAT VALUE**—I get a 6-month supply of ULTIMATE VISION FORMULA™ for just \$189—I SAVE \$50.70—AND GET 2 more bottles—a \$79.90 value, FREE... Plus 2 FREE Health Reports: *10 Nutrition & Lifestyle Secrets for Eagle Eye Vision* and *Freedom From High Blood Pressure*—a \$39.90 value, FREE... plus FREE SHIPPING. That's \$177.45 in discounts and FREE GIFTS!

☐ **GOOD VALUE**—I get a 3-month supply of ULTIMATE VISION FORMULA™ for just \$99.75—I SAVE \$20.10—AND GET one more bottle—a \$39.95 value, FREE... Plus *10 Nutrition & Lifestyle Secrets for Eagle Eye Vision*—a \$19.95 value, FREE... plus FREE SHIPPING. That's \$86.95 in discounts and FREE GIFTS!

☐ **TRIAL OFFER**—I'll try a one-month supply of ULTIMATE VISION FORMULA™ for \$39.95, plus \$6.95 shipping and handling.

Please select your preferred payment option:

☐ Enclosed is my check or money order for \$_____

(Please send check payable to True Health. Alabama residents please add 4% sales tax.)

☐ Please bill my: ☐  ☐  ☐  ☐ 

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Signature _____

IMPORTANT

1. Please provide your daytime telephone in case there are questions about your order:

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2. ☐ **Yes! Please e-mail me updated research and recommendations, new health discoveries, and special savings opportunities.** My e-mail address will never be sold or rented. I understand I may unsubscribe from these updates at any time.

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Hueytown, AL 35023

THANK YOU. Your Order Will Be Shipped Within ONE BUSINESS DAY!

Years of clinical data reported in medicine's most prestigious peer-reviewed journals prove it beyond a shadow of a doubt:

THROW AWAY YOUR SPECTACLES!



These 18 essential nutrients *can really* help **HALT** and even **REVERSE** vision loss!

**NAMED FREE
Inside...**

**From 26 of the World's Most Respected
Medical and Vision Journals and Clinics:**

**The Supplements AND the Dosages PROVEN to Help
Protect Your Eyesight and IMPROVE YOUR VISION!**

REVEALED in This Issue:

- **Nature's 18 Most Sensational Sight-Savers:** Page 3
- **Stop That—You'll Go Blind!** Page 3
- **Are Your Eyes Slowly Starving to Death?** Page 4
- **One-Cent Secret for Sharper Eyesight:** Page 6
- **Better Vision... on the Half-Shell?** Page 8
- **Real-Life Vision Miracles:** Page 8
- **What's Your Vision Eye-Q?** Page 10
- **Save Your Sight!** Page 13
- **Own the Night!** Page 12
- **Sharpens Your Eyesight While it Excites Your Sex Life!** Page 8
- **Beat Lens Clouding—With PIZZA?!** Page 12
- **5 Amazing Sight-Saving Nutrients:** Page 13

BONUS Sight Saver:

- **This Astonishing Herb Could Save One Million Sets of Eyes Every Year — INCLUDING YOURS!** Look at Page 14!
- **And much, MUCH MORE!**



INSIDE

Red-Hot Eye-Opening Vision BREAK-THROUGHS From 26 Top Medical and Vision Journals and Clinics:

1. Massachusetts Department of Public Health
2. American Academy of Pediatrics
3. Molecular & Cellular Biochemistry
4. BNC Complementary and Alternative Medicine
5. Cataract & Refractive Surgery Today
6. American Journal of Clinical Nutrition
7. Journal of Advances in Medicine
8. Journal of Biological Chemistry
9. Investigative Ophthalmology
10. Neurochemical Research
11. Amino Acids
12. The Lancet
13. Archives of Ophthalmology
14. The Royal Air Force... plus a dozen more!

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